



Coming Soon!

A New and Innovative Way to Access Health Care 24/7/365!

Blue Cross and Blue Shield of Nebraska (BCBSNE) believes in the importance of providing options to help you access affordable and immediate health care. That is why we are delighted to offer telehealth to our members.

Telehealth Services

How does it work?

Telehealth is an innovative patient consultation service that lets you connect with a U.S. board certified, licensed and credentialed doctor quickly and easily using your computer, tablet or phone. It's easy to use, affordable, private and secure.

Rather than having to schedule a doctor's appointment and travel to and from the doctor's office, telehealth lets you interact with a doctor at your convenience for common conditions, such as:

- sinus infection
- cold
- flu
- fever
- rash
- abdominal pain
- pinkeye
- ear infection
- migraine
- sore throat



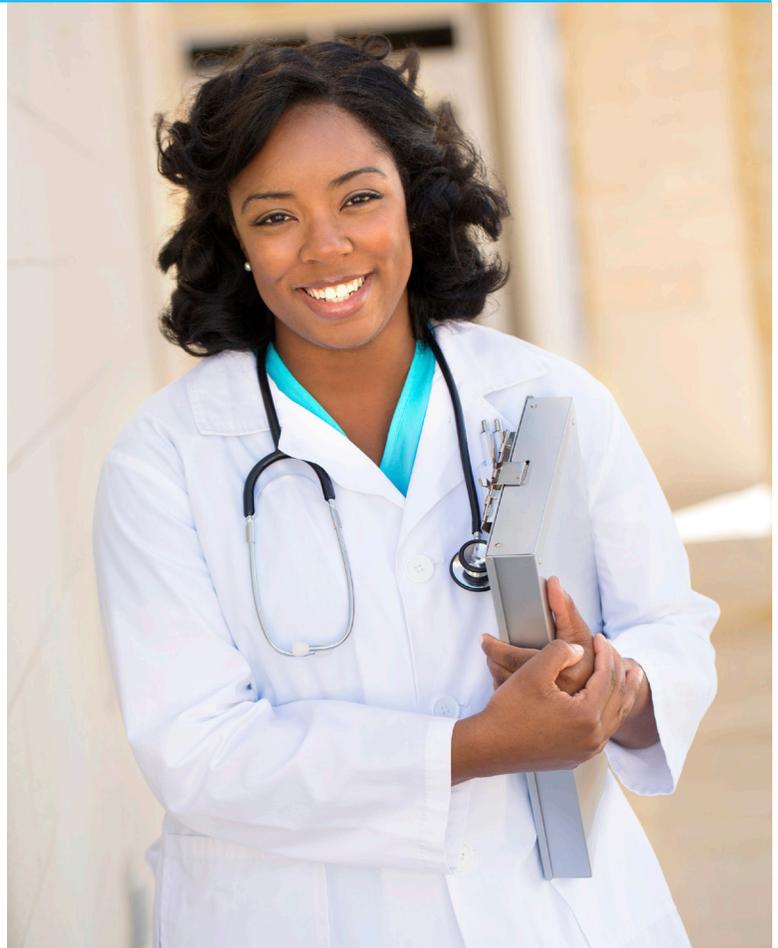
Board-Certified Doctors

Who provides telehealth services?

Your health plan provides telehealth services through American Well®, also known as Amwell, the industry's leader in telehealth solutions. With Amwell, you can register for free, and the cost per visit is less than the cost of an in-person doctor office visit.

Amwell offers:

- A choice of trusted, U.S. board-certified doctors
- Access to a licensed physician via computer, tablet or phone
- Consultation and diagnosis for common conditions, including e-prescriptions to your pharmacy of choice (when appropriate and where allowed*)



Convenient and Easy

You never know when you may need a doctor.

Amwell can be used any time, day or night. It's perfect when your doctor's office is closed, you're too sick or busy to see someone in person, or even when you're traveling.

Check with your employer to find out when this service is available. You can register now so it will be ready when you need it!

There are three easy ways to register:

1. Download the Amwell app on your mobile device from the **Apple App Store** or **Google Play**
2. Visit **nebraskablue.com/telehealth**
3. Call toll-free **844-SEE-DOCS (844-733-3627)**

Scan QR Code



Enter Service Key **BCBSNE** to verify you are a Blue Cross and Blue Shield of Nebraska health plan member.